# Swallow's Nest Menu 

CAMP

## Beverages

Hot Drinks:

| Filtered Coffee | ..5000/= |
| :---: | :---: |
| Instant Coffee. | 4000/= |
| English Tea | . $4000 /=$ |
| Ugandan Tea. | .4500/= |
| Fresh Mint Tea | .4500/= |
| Hot Chocolate. | 5000/= |
| Hot Apple Cider. | 5000/= |
| Hot Mulled Wine (Gluewein) | .7000/= |

## Cold Drinks:

| Freshly Squee | 5000/= |
| :---: | :---: |
| Freshly Squeezed Pineapple Juice | 5000/= |
| Juice Cartons. | .4000/= |
| Soft Drinks (Coke, Sprite, Krest, Fanta, etc.) | 4000/= |
| Mineral Water (500ml). | 2500/= |
| Mineral Water (1 Litre) | .3500/= |

## Wine and Beer:

We have a selection of white and red wines from South Africa, France and Italy.
Prices range from 40,000/= to 78,000/= per bottle.
We also have a limited selection of wine by the glass.
Price: 11,000/= per glass
We have a variety of beers as well.
Prices range from 4000/= to 5000/= per bottle.

Ask your server about our current selection or come and visit the bar at the restaurant.
Please pay for all food and beverages in Ugandan shillings or $\mathrm{U} \$$ according to current exchange rate. Thank you!

## Breakfast Menu

(May be served at your tent in the morning)
Fresh Fruit Salad ..... 5000/=
Pancakes (regular, banana, or potato) ..... 8500/=with pineapple, banana \& passion fruitwith syrup and served with fruit salad
Fresh Fruit Platter ..... 5000/=
with seasonal selection of pineapple, banana,passion fruit and papaya or watermelon.
Omelette ..... 7000/=
with cheese, tomatoes and onionsserved with toast and pan-fried potatoes
Eggs Benedict ..... 7500/=
served on toast with pan-fried potatoes
6500/=
Fried Eggsserved with toast and pan-fried potatoes
Grilled Cheese and Tomato Sandwich. ..... 6500/=
Fresh Lemon Scones ..... 10000/=
Sprinkled with cinnamon and sugar served with fruit salad
Cinnamon Buns ..... 10000/=
served with fruit salad
Oatmeal Cereal with Milk. ..... 4500/=
Toast (brown or white) ..... 3000/=
Scrambled Eggs ..... 6500/=
served with toast and pan-fried potatoesserved with jam or honey
Bacon or Sausages. ..... 6000/=
Chapatti ..... 2000/=

## Starters \& Snacks

(before your meal, in the afternoon, in the evening by the fire, or at your tent)

| Soups .........................................8000/= | Quesadillas ...................................9500/= |
| :---: | :---: |
| Choose from tomato, cauliflower, | flour tortillas with melted cheese inside |
| french onion, mushroom or potato. | served with guacamole \& fresh salsa |
| served with chapatti | Add chicken for an extra 3000/= |
| Crayfish Chowder ...............................9000/= | Sandwiches ...........................5000/= to 9500/= |
|  | Sandwich, Egg Salad Sandwich |
| Crayfish and Avocado Salad .................8000/= | See Sandwich Menu for more details |
| Coleslaw Salad ..............................4000/= | Samosas |
| cabbage with green peppers, | Meat ............................................ $5000 /=$ |
| carrots \&lime juice dressing | Vegetarian ......................................4500/= |
| Guacamole with Chapatti ...................8000/= |  |
|  | Chips/Fries .................................... 5000/= |
| Posho Chips w/ Guacamole \& Fresh Salsa..9000/= | Onion Rings ...................................5000/= |
| our very own corn chips | Bowl of Popcorn (for 2) ..........................4500/= |
|  | Fresh roasted peanuts (for 2)..................4500/= |
| Wraps Please take a look at the main menu for a | Salted or unsalted |

## Main Dishes



## Pasta Dishes

| Pasta Primavera pasta topped with sauce of tomatoes, spanish onion, garlic \& green peppers \& sprinkled with parmesan cheese | Pasta Primavera with Crayfish ............15000/= pasta topped with sauce of tomatoes, Spanish onion, garlic, green peppers \& crayfish \& topped with parmesan cheese |
| :---: | :---: |
| Pasta Bolognese ..................................15000/= pasta topped with sauce of minced beef, tomatoes, onion, garlic \& green peppers \& sprinkled with cheese | Baked Tuna and Corn Casserole ........... 15000/= pasta mixed with tuna, sweet corn \& cream sauce <br> Pasta Alfredo with Crayfish..................15000/= pasta topped with creamy cheese \& crayfish sauce |
| ........ 13 |  |

## Wraps

| Chicken Wrap .................................. 17000/= two warm flour tortillas to wrap around sautéed chicken in succulent ginger \& soy sauce, served with rice and a fresh salad | Garlic Crayfish Wrap |
| :---: | :---: |
|  | two warm flour tortillas to wrap around a generous |
|  | tion of Bunyonyi's own crayfish stir-fried in |
|  | garlic |
|  | served with fresh guacamole, rice \& tomato salsa |
| Mexican Wrap ...............................17000/= |  |
| two warm flour tortillas to fill with your choice of | Greek Wrap....................................... 17000 |
| pepper and onion | sautéed beef, chicken or pork, |
| served with refried beans, guacamole, rice \& | panied by tangy yoghurt \& mint sauce, |
| tomato salsa | a Greek Salad |

## Sandwiches



## 8" Pizzas

| Custom Pizza $\qquad$ .9000/= | Vegetarian ............................................14000/= |
| :---: | :---: |
| create your own with a choice of: | with Spanish onions, tomatoes, green peppers, garl |
| anish onions, tomatoes, green pepper | chilli peppers \& cheese, |
| garlic, chilli peppers, cheese, eggplant, pineapple $\qquad$ 1000/= each | can be served mild, medium or spicy |
| bacon, crayfish, sausage or chicken...2000/= each | Extra Toppings: |
|  | Eggplant............................................1000/ |
| The Mexican ...........................18000/= | Pineapple..........................................1000/= |
| with chicken or minced beef, plus Spanish onions, | Chilli Peppers .....................................1000/ |
| green peppers, tomatoes, garlic and cheese | Cheese............................................. 1000/= |
|  | Bacon.............................................2000/= |
| on and Cheese ......................17000/= | Crayfish ...........................................2000/= |
| add Spanish onions, tomatoes, green peppers, | Sausage........................................... 2000 |
| garlic, pineapple, or chilli peppers....1000/= each | Chicken.............................................2000/= |

## Additional Vegetarian Dishes

| Vegetarian Stuffed Peppers ..................18000/= served with rice and steamed vegetables | Spinach (Dodo) and Cheese Pie ............16000/= served in a creamy egg sauce and baked in pastry shell |
| :---: | :---: |
| Vegetarian Chilli ................................9500/= served with garlic bread <br> Vegetarian Quiche $\qquad$ 18000/= with cheese, green peppers, onions \& tomatoes served with a scone | Indian Dahl $\qquad$ 12000/= curried lentils served with rice and chapatti (please order early) |
| Stir-Fried Dishes |  |
| Stir-fried Crayfish ..............................13000/= served with rice \& steamed vegetables | Fried Cabbage .....................................6000/= served with rice |
| Chinese Fried Rice with Crayfish .........12000/= served with steamed vegetables | Stir-fried Vegetables ..............................8000/= <br> with ginger and soy sauce <br> served with rice |
| Fried Fish $\qquad$ 15000/= served with chips | Chinese Fried Rice with Vegetables ........8000/= |
| Local Foods |  |
| Groundnut Sauce Over Rice ...................8000/= served with steamed vegetables | Goat Stew $\qquad$ .13000/= with chapatti, rice, posho, matooke or sweet potato |
| Mixed Vegetables ................................9000/= with chapatti, rice, posho, matooke or sweet potato | Fried Pork $\qquad$ 15000/= with chips \& steamed vegetables |
| Chicken Stew ....................................13000/= with chapatti, rice, posho, matooke or sweet potato | Fried Beef $\qquad$ 12000/= served with chips and vegetables |
| Fried Chicken ..............................13000/= | Beans, Sweet Potatoes and Matooke ........6500/= |
| Beef Stew ..........................................12000/= with chapatti, rice, posho, matooke or sweet potato | Katogo .............................................6000/= traditional Ugandan mixture of matooke, irish potatoes, beans or groundnut sauce |

## Children's Menu

(12 and under)

| Drinks |  | Lunch \& Dinner |
| :---: | :---: | :---: |
| Fresh Passion Fruit Juice | ..3500/= | Soup ............................................5500/= |
| Juice Cartons (apple, mango, etc) | .3300/= | choose from tomato, cauliflower, |
| Hot Chocolate | . $4000=$ | french onion, \& potato |
| Soft Drink. | 4000/= |  |
|  |  | Grilled Cheese Sandwich .......................5000/= |
| Breakfast |  |  |
| Oatmeal Porridge | 4000/= | Peanut Butter and Jam Sandwich ...............5000/= Served with fresh carrot sticks |
| Pancakes with syrup ...........................6500/= |  |  |
|  |  | Macaroni \& Cheese (Baked)...................7500/= |
|  |  |  |
| Fruit Salad pineapples, bananas \& passion-fruit | ..4000/= | Pizza ...............................................8000/= topped with tomato sauce, cheese \& choice of onions, peppers \& Italian spices |
| Desserts |  | Spaghetti with Homemade Tomato Sauce ....7500/= |
| Chocolate Pudding ...........................4000/= |  |  |
|  |  | Sausages and mashed potatoes............... 8500/= |
| Rice Pudding ................................4000/= |  |  |
|  |  | Chips (French Fries) ..........................4000/= |

## Buffet Menu

Breakfast Buffet
at least 8 people
Buffet of Ugandan Dishes (Lunch/Dinner)
at least 10 people
Special Catering
For large groups ( $8+$ people) we can provide you with special menus and buffets if requested in advance.

Speak to the receptionist about booking your next conference or retreat.

## Dessert Menu

| Crepes with Caramelized Bananas .........7000/= Crepes with Chocolate Sauce ...................8000/= | Fresh Fruit Platter ...............................5500/= with seasonal selection of fruits such as pineapple, bananas, watermelon, papaya \& passion-fruit |
| :---: | :---: |
| Banana Fritters......... 2 for 8000/= or 1 for 6000/= with fruit sauce or honey | Chocolate Pudding (Custard) ...............6000/= |
| Pineapple Fritters...... 2 for $8000 /=$ or 1 for 6000/= with fruit sauce or honey | Special Orders: <br> (Please order in advance) |
| Cinnamon Buns .................................10000/= (please order in advance) | 11" Pies. $\qquad$ $.40,000 /=$ Apple, Pumpkin or Banana Cream |
| Fresh Fruit Salad ..5000/= with pineapple, bananas \& passion-fruit | Cakes <br> Carrot, Ponderosa, Lemon, Chocolate, or Spice Half Cake (7" x 6 ") ..............................25,000/= |
| Rice Pudding ..................................5000/= | Whole Cake (7" x 12") ......................40,000/= |

Please take a look at the beverage menu if you would like a drink to accompany your dessert.

